



# First Christian Church of Effingham

Issue 270 July 19, 2022  
In God's hands

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## Mark Your Calendar

**Tuesday, July 26th** Young @ Heart  
meets @ 9:00 a.m.

**Tuesdays Online Prayer Time** Starts  
@ noon on the First Christian Church  
Effingham Facebook <https://www.facebook.com/FCCEffingham>  
and You Tube [First Christian Church of Effingham - YouTube](#)

**Wednesday, July 27th** W.O.W. meets  
@ 600 p.m.

**Thursday, July 28th** FCC Soccer  
Camp 5:00 p.m. to 7:30 p.m.

**Friday, July 29th** FCC Soccer Camp  
5:00 p.m. to 7:30 p.m.

**Saturday, July 30th** FCC Soccer  
Game Day 10:00 a.m.

**Sunday, August 7th** Food Pantry  
items Pasta, Spaghetti Sauce, Cereal  
or your choice is due for Calvary  
Baptist Food Pantry



## Serving & Giving

### Serving In July

**Communion Table** : July 24th —Troy Bloemker; July 31st—Martin Reyes

<b>7/10/2022 Attendance &amp; Giving</b>	<b>7/17/2022 Attendance &amp; Giving</b>
<b>Total: \$4,183.00</b> <b>includes Faith Promise &amp; Online Giving</b>	<b>Total: \$3,717.39</b> <b>includes Faith Promise &amp; Online Giving</b>
Attendance: Sunday— 57 Sunday School: 10 Property Ministry (Building) \$40.00	Attendance: 60 Sunday School: 9 Property Ministry (Building): \$40.00 V.B.S. Oblong: \$157.39
<b>Faith Promise 2021/2022: \$465.00</b> FCC Soccer Fees: \$60.00	<b>Faith Promise 2021/2022: \$321.00</b> FCC Soccer Fees: \$60.00 Initial Offering: \$2.00

## Prayer List



**Cancer:** Marietta Greenly (Cancer Treatments), Jim Owen (Chemo/radiation), Tom Young (chemo), Dustin Borries (Cancer surgeries), Martha Fearday (brain tumor surgery), Paula Teiffel (Hospice), Keaton Gabel (chemo), Ruth Lowrance (leukemia), Ken Stuckey (2 types of cancer)

**Special Needs:** Ukraine & Russia Standoff, Pastor David & Irma (moving), Gary & Darlene Elliott ( health issues), Judy Tapp (broken kneecap & fractured arm), Marsha Bloemker (Meniere's Disease), June McConnell (broken wrist), Bob Gregory (health issues), Rich & Pat Hicks (health issues) Mimi Bushue (back pain), Everly Eubanks (new born to gain weight), Lynn Weddle (bleeding ulcers), Mary Vonderheide (Gout), Paul Talbert (multiple injuries from motorcycle wreck), Hadley Miller (new born heart surgery), Eden Griffin (Covid), Charlotte Wright (twisted ankle)

**Missions:** Faith Promise 2021/2022, Oil Belt Christian Service Camp, FCC Soccer Camp

**Pray For These Families:** Sharon Caylor Family, Gary Beck Family,



# Spiritual Disciplines

*7 But have nothing to do with pointless and silly myths. Rather, train yourself in godliness. 8 For the training of the body has limited benefit, but godliness is beneficial in every way, since it holds promise for the present life and also for the life to come.*

*1st Timothy 4:7-8 (CSB)*

As you know, I have been coaching soccer at St Anthony High School for 4 years. Our season starts in less than a month, and most of my players are out of shape. They lost discipline. This got me thinking about how sometimes we lose discipline in our spiritual walk, and that affects our relationship with God and others. Spiritual Disciplines are not magical things we do to make God show up in our lives. Rather, they are practices that help us remember who God is and who we are. As Christians, Jesus is our example of discipline.

Take a look at the top 12 Spiritual Disciplines and make a list of the ones you can do better at:

**Study The Bible:** (2 Tim 3:16) Jesus studied and taught the Scriptures. He quoted the Bible from Memory. E.g. Sunday teachings, Bible Groups, Home Studies.

**Prayer** (Heb. 4:16) Jesus often prayed alone and with the crowds.

**Fasting** (Phi. 3:19) Jesus fasted (Mat. 4:2-4) and asked his followers to fast (Mat. 6:16-18).

**Confession** (1 John 1:9) Jesus didn't sin, so he didn't confess any sin, but He taught about confessing your sins and grievances to people. (Mat. 5:23-24, 18:15) and talked about it during one of his parables. Also, Confession can also be the practice of always telling the truth.

**Worship** (Mat. 4:10) Jesus worshiped his Father only, and rebuked Satan when he wanted Jesus to worship him.

**Fellowship** (Acts 2:42) is about being united as a body of believers, encouraging, helping. Etc... Jesus lived in constant fellowship with his disciples.

**Rest** (Mat. 11:28) Jesus observed the Sabbath (although He challenged cultural legalism, and taught about the Sabbath. (Mk. 6:2; Luke 4:6)

**Celebration** (Phi. 4:4) is when we rejoice in what God has done (Blessings). Jesus modeled celebrating wedding and Feasts, and had joyful meals with people including sinners.

**Service** (Col. 3:23-24) Jesus not only taught about it, but often set an example when serving the people and his disciples.

**Giving** (Acts 20:35) Jesus taught about taking care of the poor, tithing, offerings, and He offered himself to pay for our sins.

**Chastity** (1 Cor. 6:18) Jesus taught against adultery, and keeping ourselves sexually pure. (Mat. 5:28-29)

**Disciple-Making** (Mat. 28:19) Jesus made disciples, training them and caring for them.

Pastor Martin




# Young @ Heart 9:00 A.M.



**Tuesday, July 26th**



## Thanks, From the Decoration Committee

Thanks to all who have helped with decorating or have brought flowers to share.

Sheila Hutcheson has kept Beebe Hall decorated through spring, June and July.

Dennis & Mimi Bushue have been decorating the foyer walls with beautiful prints and verses.

Thanks to Richard Raber for the Queen Anne's Lace arrangement in memory of Karen and Rodney Raber.

Thanks to Cleone for sharing the gladiolus flowers from her friend Karen





## 3-DAY CAMP

JULY 28TH - 30TH , 2022

FROM 5:00PM TO 7:30PM  
ON THE 28TH & 29TH

## SOCCER CAMP AT



First Christian Church  
of Effingham

No t-shirt, ball, or water bottle will be  
provided. Limit of 80 Campers

### August Birthdays & Anniversaries

4-Justine Reyes BD

7-Delaine & Sandi Donaldson WA

7-Martin & Justine Reyes WA

9-Brad Arney BD

10-Adam Wolke BD

10-Paige Wolke BD

25-Martin & Astrid Zubiate WA

25-George Shouse BD

27-George & Marcie Shouse WA

29-Zachariah Reyes BD

31-RaeAnn Smith BD



## Calvary Baptist Food Pantry

*Sunday, August 7th*

Cereal Of Your Choice

Pasta

Spaghetti Sauce

## Mother's & Father's Day

Wishing All the Mother's and Father's  
God's blessing

**Mother's Day**

Youngest Mother: Kelsey Bloemker  
Eldest Mother: Darlene Reynolds  
Most Children: Joni Millman

**Father's Day**

Youngest Father: Raj Patel  
Eldest Father: Cecil Wright  
Most Children: Don Millman

## Faith Promise

### 2021/2022 Take God At His Word

## Giving

"But seek first His kingdom and His righteousness, and all these things will be given to you as well." Matthew 6:33

**Giving so Far: \$32,505.00**





**First Christian church  
901 N. Henrietta  
Effingham, IL 62401  
SERVICE REQUESTED**



**901 N. Henrietta St.  
Effingham, IL 62401**

**Sunday Times**  
9:00 a.m. Sunday School  
9:40 a.m. to 9:50 a.m. Fellowship Time  
10:00 a.m. Worship Service

**Tuesday Morning**  
9:00 a.m. Young @ Heart Coffee & Prayer Time

**Wednesday Evening**  
5:30 p.m. Bible Study & Worship Time